

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:59:34 PM by Kathleen McCullough

Menu Cycle: March 2 to 6,2020  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	486.05	
Total Fat (g)		7.89	14.61
Sat Fat (g)(1)	< 10.00 % of Calories	2.37	4.40
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		12.74	
Sodium Target 1 (mg) (13)	< 540.00	424.74	
Sodium Target 2 (mg) (13)	< 485.00	424.74	
Carb (g)		89.57	73.71
Total Fiber (g)		4.72(M)	
Sugars (g)		32.51(M)	26.75
Added Sugars (g)		0.00(M)	
Protein (g)		14.58	12.00
Iron (mg)		1.92	
Calcium (mg)		522.95	
VitA (IU)		1,187.31	
VitC (mg)		12.51	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		59.49(M)	
Ash (g)		0.59(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	9.250	
Non-WGR		0.000	
WGR	>= 50.000 % of	9.250	100.00
Meat/MA		2.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:00:29 PM by Kathleen McCullough

Menu Cycle: March 9 to 13 2020  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	497.12	
Total Fat (g)		8.33	15.09
Sat Fat (g)(1)	< 10.00 % of Calories	1.94	3.52
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		8.50	
Sodium Target 1 (mg) (13)	< 540.00	401.02	
Sodium Target 2 (mg) (13)	< 485.00	401.02	
Carb (g)		93.46	75.20
Total Fiber (g)		4.95	
Sugars (g)		37.87(M)	30.47
Added Sugars (g)		0.00(M)	
Protein (g)		12.20	9.82
Iron (mg)		2.17	
Calcium (mg)		385.15	
VitA (IU)		740.40	
VitC (mg)		13.54	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		59.66(M)	
Ash (g)		0.57(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.625	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	10.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	10.000	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		1.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>March 9, 2020 - Day: 1</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
chocolate chip oatmeal bars - LR100065 (1 bar (1.25 )	90	290.00	9.00	3.00	0.00	20.00	240.00	47.00	3.00	22.00	(M)	5.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Desserts; May Choose: 1</b>																			
Graham Cracker, Teddy Grahams Chocolate, Honey Maid, Nabisco, 4400004557, WGR - SR107577 (1 1/8 ounces)	90	130.00	4.00	0.50	0.00	0.00	95.00	22.00	2.00	8.00	(M)	2.00	1.44	100.00	0.00	0.00	(M)	(M)	(M)
<b>March 10, 2020 - Day: 2</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Bar, Nutri-Grain Cereal Bar Apple Cinnamon for Schools, 96/1.55oz, Kellogg's 59779, WGR - SR106330 (1 Bar)	90	160.00	4.00	0.50	0.00	0.00	135.00	30.00	3.00	14.00	(M)	2.00	1.80	200.00	750.00	0.00	(M)	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	90	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	(M)	2.01	0.36	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	90	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:00:29 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	90	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	35	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	35	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 11, 2020 - Day: 3</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			
Pillsbury Chocolate Crescent Roll - LR100306 (1 ea.)	85	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	(M)	6.00	1.44	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	85	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD Bananas, raw - LR100185 (1 cup, mashe)	85	200.25	0.74	0.25	(M)	0.00	2.25	51.39	5.85	27.52	(M)	2.45	0.58	11.25	144.00	19.57	(M)	(M)	168.55
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 12, 2020 - Day: 4</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	90	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	90	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	(M)	2.48	1.79	99.22	496.13	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	90	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	35	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	35	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 13, 2020 - Day: 5</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	90	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	(M)	5.00	1.44	40.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	90	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	90	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	35	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	35	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:00:29 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:11 PM by Kathleen McCullough

Menu Cycle: March 16 to 20, 2020  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	486.30	
Total Fat (g)		7.07	13.08
Sat Fat (g)(1)	< 10.00 % of Calories	1.81	3.34
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		7.74	
Sodium Target 1 (mg) (13)	< 540.00	410.89	
Sodium Target 2 (mg) (13)	< 485.00	410.89	
Carb (g)		92.71	76.26
Total Fiber (g)		4.80	
Sugars (g)		31.65(M)	26.03
Added Sugars (g)		0.00(M)	
Protein (g)		13.81	11.36
Iron (mg)		2.25	
Calcium (mg)		504.46	
VitA (IU)		1,028.84	
VitC (mg)		11.57	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		67.49(M)	
Ash (g)		0.62(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	6.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	9.250	
Non-WGR		0.000	
WGR	>= 50.000 % of	9.250	100.00
Meat/MA		1.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		1.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

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3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>March 16, 2020 - Day: 1</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Bar, Nutri-Grain Cereal Bar Apple Cinnamon for Schools, 96/1.55oz, Kellogg's 59779, WGR - AR1318 (1 Bar)	100	160.00	4.00	0.50	0.00	0.00	130.00	30.00	3.00	14.00	(M)	2.00	1.80	200.00	750.00	0.00	(M)	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 17, 2020 - Day: 2</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	100	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	(M)	2.00	1.80	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00



# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Desserts; May Choose: 1</b>																			
Graham Cracker, Teddy Grahams Chocolate, Honey Maid, Nabisco, 4400004557, WGR - SR107577 (1 1/8 ounces)	100	130.00	4.00	0.50	0.00	0.00	95.00	22.00	2.00	8.00	(M)	2.00	1.44	100.00	0.00	0.00	(M)	(M)	(M)
<b>March 18, 2020 - Day: 3</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	100	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	(M)	7.09	0.00	151.88	405.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
UD Chex mix yogurt - LR100295 (1 ea.)	100	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>March 19, 2020 - Day: 4</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Cereal Bar, Cocoa Puffs, General Mills, 45577, WGR - SR104913 (1 Bar)	100	150.00	3.00	0.00	0.00	0.00	100.00	30.00	3.00	9.00	(M)	3.00	1.80	200.00	100.00	1.20	(M)	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 20, 2020 - Day: 5</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Strudel, Cherry Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127851000, WGR - SR102114 (1 frudel)	100	210.00	6.00	1.00	0.00	0.00	260.00	37.00	2.00	11.00	(M)	5.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:11 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:59 PM by Kathleen McCullough

Menu Cycle: March 23 to 27, 2020  
 Week: 1  
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	512.86	
Total Fat (g)		7.76	13.61
Sat Fat (g)(1)	< 10.00 % of Calories	1.90	3.33
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		8.72	
Sodium Target 1 (mg) (13)	< 540.00	414.09	
Sodium Target 2 (mg) (13)	< 485.00	414.09	
Carb (g)		97.55	76.08
Total Fiber (g)		5.00	
Sugars (g)		35.72(M)	27.86
Added Sugars (g)		0.00(M)	
Protein (g)		12.89	10.05
Iron (mg)		2.54	
Calcium (mg)		485.93	
VitA (IU)		927.06	
VitC (mg)		11.33	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		67.49(M)	
Ash (g)		0.62(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	6.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	10.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	10.000	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		1.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>March 23, 2020 - Day: 1</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Cereal Bar, Cinnamon Toast Crunch, General Mills, 45576, WGR - SR101396 (1 Bar)	100	150.00	3.50	0.00	0.00	0.00	115.00	30.00	3.00	9.00	(M)	2.00	1.80	200.00	0.00	0.00	(M)	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 24, 2020 - Day: 2</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - AR1320 (1 Bar)	100	160.00	4.00	0.50	0.00	0.00	150.00	29.00	3.00	14.00	(M)	2.00	1.80	200.00	750.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:59 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Desserts; May Choose: 1</b>																			
Graham Cracker, Teddy Grahams Chocolate, Honey Maid, Nabisco, 4400004557, WGR - SR107577 (1 1/8 ounces)	100	130.00	4.00	0.50	0.00	0.00	95.00	22.00	2.00	8.00	(M)	2.00	1.44	100.00	0.00	0.00	(M)	(M)	(M)
<b>March 25, 2020 - Day: 3</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			
Bars, Banana Chocolate Chunk Benefit Bar, J&J Snack Foods, 40402, WGR - SR101961 (1 ea.)	100	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	(M)	5.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 26, 2020 - Day: 4</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:59 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	100	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	(M)	2.48	1.79	99.22	496.13	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 27, 2020 - Day: 5</b>																			
<b>Category: Grains; May Choose: 2</b>																			
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	100	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	(M)	5.00	1.44	40.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:01:59 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68



# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:02:47 PM by Kathleen McCullough

Menu Cycle: March 30 to April 3, 2020  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	496.15	
Total Fat (g)		7.86	14.26
Sat Fat (g)(1)	< 10.00 % of Calories	2.10	3.81
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		9.72	
Sodium Target 1 (mg) (13)	< 540.00	414.39	
Sodium Target 2 (mg) (13)	< 485.00	414.39	
Carb (g)		94.31	76.03
Total Fiber (g)		5.20	
Sugars (g)		30.65(M)	24.71
Added Sugars (g)		0.00(M)	
Protein (g)		13.39	10.79
Iron (mg)		2.42	
Calcium (mg)		468.74	
VitA (IU)		779.72	
VitC (mg)		11.81	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		71.09(M)	
Ash (g)		0.71(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	6.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	10.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	10.000	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		1.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>March 30, 2020 - Day: 1</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Cereal Bar, Trix, General Mills, 31915, WGR - SR101821 (1 ea.)	100	150.00	3.50	0.50	0.00	0.00	100.00	30.00	2.00	9.00	(M)	2.00	1.80	200.00	100.00	1.20	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Desserts; May Choose: 1</b>																			
Graham Cracker, Teddy Grahams Chocolate, Honey Maid, Nabisco, 4400004557, WGR - SR107577 (1 1/8 ounces)	100	130.00	4.00	0.50	0.00	0.00	95.00	22.00	2.00	8.00	(M)	2.00	1.44	100.00	0.00	0.00	(M)	(M)	(M)
<b>March 31, 2020 - Day: 2</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	100	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	(M)	5.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:02:47 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>April 1, 2020 - Day: 3</b>		100																		
<b>Category: Grains; May Choose: 2</b>																				
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	100	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	(M)	6.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>Category: Condiments; May Choose: 1</b>																				
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container )	100	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	(M)	1.00	0.11	33.32	309.40	0.00	(M)	(M)	18.00	
<b>April 2, 2020 - Day: 4</b>		100																		
<b>Category: Grains; May Choose: 2</b>																				
Cereal Bar, Cocoa Puffs, General Mills, 45577, WGR - SR104913 (1 Bar)	100	150.00	3.00	0.00	0.00	0.00	100.00	30.00	3.00	9.00	(M)	3.00	1.80	200.00	100.00	1.20	(M)	(M)	(M)	

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:02:47 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>April 3, 2020 - Day: 5</b>																			
<b>Category: Grains; May Choose: 2</b>																			
Oatmeal Bites S'mores - LR100317 (1 1/4 oz.)	100	150.00	6.00	1.50	0.00	0.00	125.00	24.00	2.00	9.00	(M)	2.00	0.36	0.00	0.00	0.00	(M)	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	100	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	(M)	2.00	1.80	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 1:02:47 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:59:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>March 2, 2020 - Day: 1</b>	100																		
<b>Category: Grains; May Choose: 2</b>																			
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - SR106329 (1 Bar)	95	160.00	4.00	0.50	0.00	0.00	150.00	30.00	3.00	14.00	(M)	2.00	1.80	200.00	750.00	0.00	(M)	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	95	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	(M)	2.01	0.36	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	95	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 3, 2020 - Day: 2</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	100	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	(M)	7.09	0.00	151.88	405.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
UD Chex mix yogurt - LR100295 (1 ea.)	100	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
UD MS Graham crackers - LR100333 (28 g.)	95	120.00	3.00	0.00	0.00	0.00	130.00	22.00	2.00	6.00	(M)	2.00	0.72	120.00	600.00	0.00	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 4, 2020 - Day: 3</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	100	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	(M)	6.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Condiments; May Choose: 1</b>																			
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	100	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	(M)	1.00	0.11	33.32	309.40	0.00	(M)	(M)	18.00
<b>March 5, 2020 - Day: 4</b>		100																	
<b>Category: Grains; May Choose: 2</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:59:34 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Cereal Bar, Cocoa Puffs, General Mills, 45577, WGR - SR104913 (1 Bar)	100	150.00	3.00	0.00	0.00	0.00	100.00	30.00	3.00	9.00	(M)	3.00	1.80	200.00	100.00	1.20	(M)	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>March 6, 2020 - Day: 5</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Yogurt, Trix Triple Cherry Yogurt, Low Fat 4 oz, General Mills, 70470-31077, MMA - SR101017 (1 container)	100	100.00	0.50	0.50	0.00	5.00	50.00	20.00	(M)	13.00	(M)	3.00	0.00	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	(M)	2.00	0.72	100.00	500.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)



# Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68